



Your “Discovery Call”

Interested in working with me for vocal coaching? Here’s how we begin!

Before you book in for a full session with me, you’ll book in for a **Discovery Call**. This call will go for up to **30min** and is usually on **Zoom**, but can be just by regular phone call if this is better for you.

This call does NOT involve any singing or exercises.

So what DOES happen on a Discovery Call?

1. I’ll ask you a bunch of questions to get to know you and your journey with your voice so far, where you’re at right now, and where you’d like to be in the future.
2. Based on your answers to these questions, I’ll start a customised list of the exercises, concepts, and techniques I think are going to be most beneficial to help you get started in the right direction towards your vocal goals. (This list will be added to when we have our **Initial 1:1 Session** and I actually hear your singing/speech in more detail.) I’ll give you a quick summary of this plan, so you can have a sense of what to expect and what we might start working on.
3. I will then outline my current offers & different ways to work with me, so you can get a sense for what will best suit you.
4. Of course, at any point you can ask me any questions you have!
5. Then we’ll either book in your **Initial 1:1 Session** (see following page for details), or you can take some time to take all that info in, think about it, and book in at a time that suits you. I will also follow up with an email with any necessary links, resources, or even music recommendations you might like, based on what you told me you’re into!
6. If I don’t feel I’m going to best serve your needs, I will follow up with an email with links to other professionals who might be a better fit for you.

Your Initial 1:1 Session

After your **Discovery Call**, the next step is an **Initial 1:1 Session**.

This will go for up to 60min, and is where we get to know each other more fully and customise our plan for your vocal learning further.

What happens during the Initial 1:1 Session?

Everyone and each session is different, so if you're coming to me more for guidance on something specific like songwriting, creative process, or speech, it may look a little different. But for most people, who are looking mainly for my assistance with vocal technique, usually it'll go something like the below.

You'll get more instructions about how to prepare when you book in, but this is the overview:

1. I'll check in on whether there's anything that we forgot to cover in our **Discovery Call**, or any questions that have come up for you since then.
2. I'll find out more about what your existing understanding is of the way your vocal instrument works.
3. Depending on your existing understanding, we'll go over my introduction to the anatomy of the voice, how it works to make sound, and how we can adjust the different mechanisms to achieve the particular sound or ease we are looking for.
4. After this intro, and any questions you have, it's time for me to hear your voice!

You'll demonstrate your singing or speaking for me, both in your "comfort zone" (if you have one) and outside of it.

(More instructions about this part will come when you book in, don't worry!)

During all this, I'm adding to list of the exercises, concepts, and techniques I think are going to be most beneficial to help you get started in the right direction towards your vocal goals.

5. Finally, we'll go over the plan for the next steps on your vocal journey, so that you have a clear sense of the path, and I'll equip you with all my recommendations and resources to help you start strong. Of course you can ask any questions at all, and we'll either book you in for your next session, a recurring time, or you can go home to have a think about it first.

If you have any questions, feel free to email me at info@bectilley.com and I look forward to chatting with you and getting to know you!